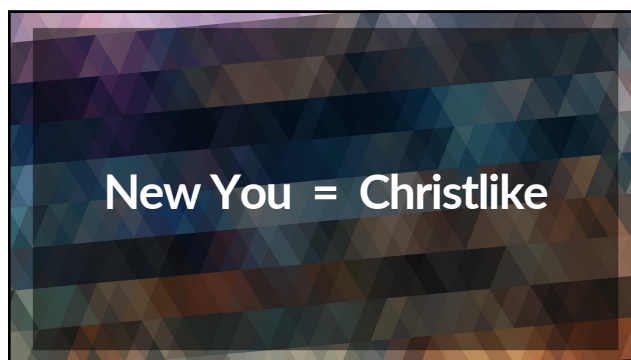
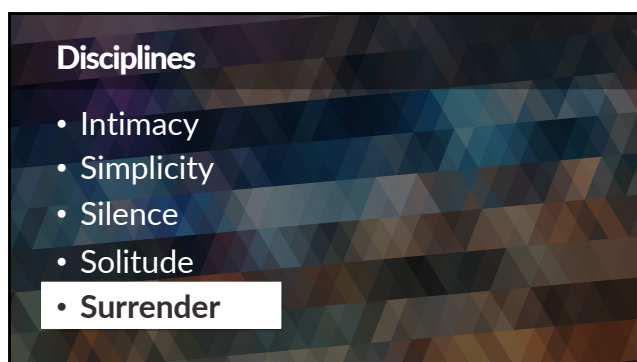




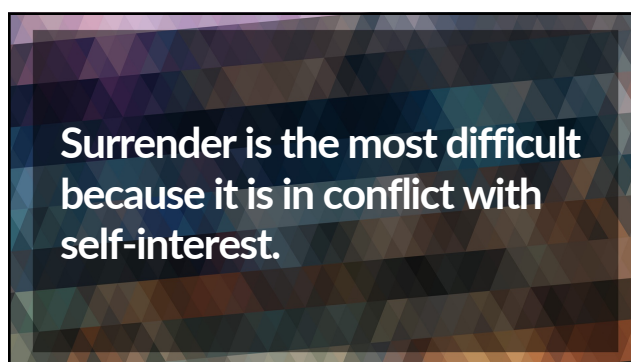
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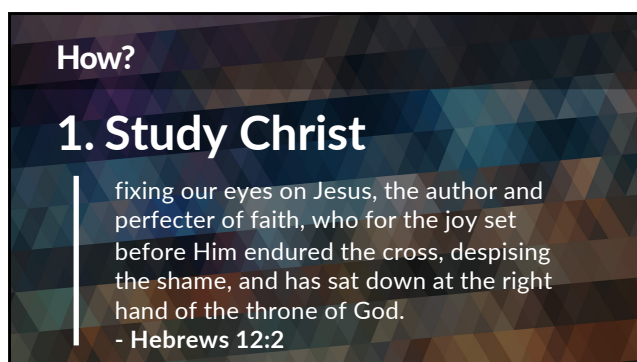
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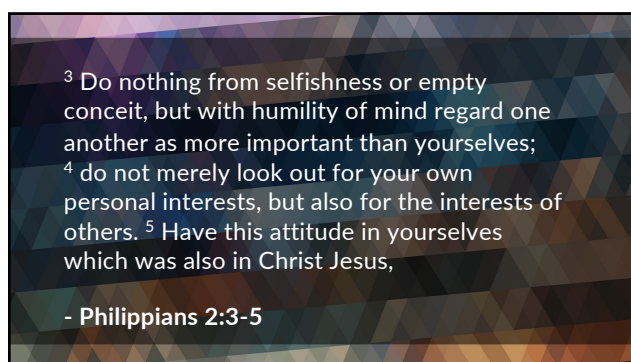
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4



5



6

**Note 4 Practices** (Philippians 2:3-5)

1. Do nothing from selfishness or deceit
2. Lift others up – listen instead of talk
3. Don't only look out for self
4. Look out for others

7

<sup>6</sup> who, although He existed in the form of God, did not regard equality with God a thing to be grasped, <sup>7</sup> but emptied Himself, taking the form of a bond-servant, and being made in the likeness of men.

- Philippians 2:6-7

8

<sup>8</sup> Being found in appearance as a man, He humbled Himself by becoming obedient to the point of death, even death on a cross. <sup>9</sup> For this reason also, God highly exalted Him, and bestowed on Him the name which is above every name,

- Philippians 2:8-9

9

<sup>10</sup> so that at the name of Jesus every knee will bow, of those who are in heaven and on earth and under the earth, <sup>11</sup> and that every tongue will confess that Jesus Christ is Lord, to the glory of God the Father.

- Philippians 2:10-11

10

**How Jesus Surrendered**

- Released His grip
- Emptied Himself
- Became a servant
- Accepted His death

11

**How?**

1. Study Christ
2. **Compare ourselves to Christ**

For consider Him who has endured such hostility by sinners against Himself, so that you will not grow weary and lose heart.

- Hebrews 12:3

12

Study Christ... Imitate Christ...

13

How?

1. Study Christ
2. Compare ourselves to Christ

**3. Let Go**

14

<sup>24</sup> Truly, truly, I say to you, unless a grain of wheat falls into the earth and dies, it remains alone; but if it dies, it bears much fruit. <sup>25</sup> He who loves his life loses it, and he who hates his life in this world will keep it to life eternal.

- John 12:24-25

15

<sup>5</sup> Trust in the Lord with all your heart  
And do not lean on your own  
understanding.  
<sup>6</sup> In all your ways acknowledge Him,  
And He will make your paths straight.

- Proverbs 3:5-6

16

<sup>7</sup> Do not be wise in your own eyes;  
Fear the Lord and turn away from evil.  
<sup>8</sup> It will be healing to your body  
And refreshment to your bones.

- Proverbs 3:7-8

17

**Practical Ways to "Let Go"**

1. Let go your possessions
2. Let go your desire for a position
3. Let go your plans
4. Let go your people

18

**Reward of Surrender =  
God's surprise**

19

**DISCUSSION QUESTIONS**

**#1**  
On a scale of 1 (very relaxed) to 10 (very controlling), where would you be positioned? What positive/negative effects has this had on your life?

20

**DISCUSSION QUESTIONS**

**#2**  
What would be the equivalent of "Jesus emptied Himself" for you? What would emptying yourself mean in your life?

21

**DISCUSSION QUESTIONS**

**#3**  
How are you most / least like Christ?

22

**DISCUSSION QUESTIONS**

**#4**  
Describe a person you know who is most like Christ and what trait you most admire about them.

23

**DISCUSSION QUESTIONS**

**#5**  
What do you think Mike means when he says, "The greater the struggle to surrender, the greater the surprise"?

24