

3. The 4 Phases of Addiction: *Dealing with Addiction - Part 1*

In this first of three sessions, Mike describes the biology and behavior of the individual who is in the process of becoming addicted to drugs of various kinds.

Intro - Review the 3 Parts of the lesson. _____

I. Addiction

MRI Research _____

“Addiction is a brain disease” - Dr. Alan Leshner (Former) Director National Drug Institute

From a Biblical perspective _____

Cause _____ Effect _____

II. How we Become Addicted

Phase #1 - Learning the mood swing

A. We learn that certain chemicals product euphoria _____

B. We learn about quantity and quality _____

C. We learn a key lesson _____

* As long as you are going from _____ to _____, you're not learning _____.

Phase #2 - Seeking the mood swing

Phase 2 Progress:

- A. _____
- B. _____
- C. _____

* You're learning _____ works for _____.

Phase #3 - Chemical dependence

Phase 3 markers:

- A. _____
- B. _____
- C. _____
- D. _____
- E. _____
- F. _____
- G. _____
- H. _____
- I. _____

* This is the phase where you _____ your _____, _____ and _____ because of your _____.

Phase #4 - Addicted

Phase #4 markers:

- A. _____
 - B. _____
 - C. _____
 - D. _____
- _____
- _____

* Phase #4 perception of _____ is _____.

I _____

II. Activities and Personality Adaptions

Addicted people change their _____ and their _____.

Examples:

Paranoia _____ Depression _____

Narcissism _____ Intimacy _____

Manipulation _____ Risk taking _____

Authority _____ Morality _____