

### 3. Decluttering our Lives

In this session Mike will explain the condition that permits intimacy to take place -simplicity.

II Corinthians 3:16-18 \_\_\_\_\_

#### Simplicity

Five sources of mind/life clutter:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

- II Corinthians 11:2-3 \_\_\_\_\_

#### Simplifying my Life

1. Learn to \_\_\_\_\_

2. Make time for \_\_\_\_\_

3. Take charge \_\_\_\_\_

4. Make time for \_\_\_\_\_

## Discussion Questions

1. Describe what your day would be like if you lost your cell phone. How would it be different?

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2. In your opinion, which of the 5 sources of clutter mentioned in the devotional (listed below) most complicates your life? Why?

- Say yes to too many things
- Don't take time to savor accomplishments
- Reliance on tech to simplify life
- No plan for rest or leisure
- Owe more than we can repay

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3. Describe in your own words how the Greek word for simplicity (*HAPLOTÉZ*)... a piece of cloth with no crease... adequately describes simplicity. As a group, try to come up with 5 examples. For example, "A piece of cloth with no crease is like simplicity in that..."

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4. Describe the first step you would need to take in order to simplify your life.

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5. In your opinion, what do you think would be the greatest benefit for you personally if your life was more simple? What is holding you back from making a change?

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